



insight

an exploration of the
spiritual in art

July 15-17 2016

*Celebrating diversity in spiritual expression
through visual art, performance and
workshops*

Featured Artists: Moira Kirkwood, Robert Reid, Sr. Veronica Chandler, Greer Taylor, Kate Stehr, Wendy Denning, Shining Rainbow, Liz Jeneid, Lorraine Allen, Mardijah Simpson, Rosa Daniela Diaz, Libby Bloxham and Alena Kennedy

Guest Speaker: Mitchell Reese

When: Friday 15th to Sunday 17th July, 2016.

Open: *Friday:* 6 – 9pm (exhibition opening)

Saturday & Sunday: 10am to 4pm.

Where: Hillside Gallery

Hillside Farm, 295 Sheaffes Road

Dombarton, 2530

DIRECTIONS

Follow Sheaffes Road (off West Dapto Road) for 4 kms until you see the boom gate with sign “Hillside Farm”. Pass through and continue up the hill.

Hillside Gallery (Subud Wollongong Centre) is about 300m directly ahead at the next road intersection which goes right. Look for gallery sign. Parking is on the left.

DETAILS

- Exhibition and Workshops are free but a donation will help to cover costs.
- All workshops are suitable for beginners.
- Bring your own lunch. Cakes, coffee and tea are for sale at the gallery.
- Please no stilettos.
- Hillside Farm is a private property. Please walk on the property only with a designated guide.
- Please RSVP libs@libbybloxham.net and alena@alenakennedy.net if you intend to join the workshops. You can also email us with inquiries.

PROGRAM OF EVENTS

Friday 15th July:

Exhibition opening: 6 - 9pm

Saturday 16th July

10:30am: Alchemy Crystal Singing Bowls performance with Elizabeth Brandis. Bring mat, cushion & blanket.

11am – 12 noon: Alchemy Crystal Singing Bowls workshop with Elizabeth Brandis. Bring mat, cushion & blanket.

12 noon – 1pm: Lunch (contribute a plate or bring your own lunch if you are attending).

1pm – 2pm: Inspirational walk on Hillside Farm (15 mins easy to medium grade walk followed by 30 mins relaxing/quiet time on the hill). Wear clothes & shoes suitable for a bushwalk.

2pm – 3 or 4pm: Creative art making (or writing) workshop: choice of writing; mandala drawing or collage; or 3D sculpture construction.

Sunday 17th July

10am – 11am: Tai Chi Workshop with Rusel Last

11:30am – 12 noon: Argentinian Drumming performance by Illawarra's OWN Heartbeats

12 noon – 1pm: Lunch (contribute a plate or bring your own lunch if you are attending).

1pm – 2pm: Argentinian Drumming workshop with Barbara Malcolm from OWN

2pm – 3 or 4pm: This time is available for another walk on Hillside Farm and/or creative work in art or writing. Wear clothes & shoes suitable for a bushwalk.



Visit www.alenakennedy.net or
www.libbybloxham.net
for more details